

To be completed by Confirmation TEEN Candidate

St Anthony Catholic Community

CHOOSING A SPONSOR

1. KNOW THE GUIDELINES

A Confirmation sponsor is someone that will...

- Support the Confirmation candidate in their commitment to a Catholic Christian life, and be willing to serve as a strong and long lasting Christian influence on them.
- Attend Sunday Mass on a consistent, weekly basis.
- Be a member of a Roman Catholic parish and be fully initiated themselves, having received **BAPTISM, EUCHARIST & CONFIRMATION**.
- Participate in the sacrament of **CONFESSION** at least once per year.
- Be sufficiently mature in their own faith commitment.
- Obtain a statement of eligibility from the pastor of their parish.
- Help the candidate prepare for the sacrament of Confirmation.

Additionally, a sponsor:

- Must be at least 18 years old, per the Bishop of the Diocese of San Bernardino.
- May be male or female (males do not have to have male sponsors, and vice versa).
- May not be a parent, boyfriend, or girlfriend of the candidate.

2. SUBMIT SPONSOR INFORMATION

**TURN IN THIS INFORMATION TO THE CATECHETICAL MINISTRY
OFFICE no later than NOVEMBER 23, 2025 NO EXCEPTIONS**

Confirmation Sponsor Information COMPLETED BY TEEN

Confirmation Candidate (teen) name: _____

Sponsor's Name: _____

Sponsor's Phone Number: _____ Email: _____

Sponsor's Parish: _____

Why did you choose this sponsor? _____

Candidate's Signature: _____

SPONSOR GUIDELINES & REQUIREMENTS

St Anthony Catholic Community

1. SPONSOR GUIDELINES

A Confirmation sponsor pledges to:

- Support the Confirmation candidate in their commitment to a Christian life and be willing to serve as a strong and long lasting Catholic influence on them.
- Attend Sunday Mass on a consistent, weekly basis.
- Be a member of a Roman Catholic parish and be fully initiated themselves, having received **BAPTISM, EUCHARIST, & CONFIRMATION**.
- Participate in the sacrament of **CONFESSION** at least once per year.
- If married, married in the Catholic Church
- Be sufficiently mature in their own faith commitment.
- Obtain a statement of eligibility from the pastor of their parish.
- Help the candidate prepare for the sacrament of Confirmation, and pledge to remain involved in the candidate's faith journey beyond the reception of Confirmation

Additionally, a sponsor:

- Must be at least 18 years old, per the Bishop of the Diocese of San Bernardino.
- May be male or female (males do not have to have male sponsors, and vice versa).
- May not be a parent, boyfriend, or girlfriend of the candidate.

SPONSOR CHECKLIST – two-sided form

COMPLETE the two sided FORM /RETURN TO CATECHETICAL OFFICE BY NOV 23, 2025

Side A: ☐ **SPONSOR AFFIDAVIT**

Complete Side A acknowledging your responsibilities and requirements

Side B: ☐ **LETTER OF ELIGIBILITY** Bring Letter of Eligibility form to your parish and obtain **signature/church seal** from parish pastor by November 23, 2025